

2020

Hong Kong International Wrist Arthroscopy WEBSHOP & WEBINAR



2020 年度香港國際腕關節鏡網上工作坊及研討會

Dear friends,

COVID-19 outbreak has severely hampered life everywhere since January. Situation across the globe is still highly fluctuating and unpredictable. International travels are markedly limited. All the restrictions and uncertainty in life cast insurmountable hurdles to many planned events, including our annual wrist arthroscopy course.

Nevertheless, hand surgeons all shared a noble common spirit: **NEVER GIVE UP!**

With this spirit on and backed up by the strong tradition stemmed since 1997, we decide to make the Hong Kong course **VIRTUAL FOR THE FIRST TIME!**

The program starts with a one-day **WEBINAR on 12 Dec 2020 (Saturday)**, combining thematic symposia centred around "**WRIST ARTHRITIS**", and clinical-radiological cases conferences on various conditions of chronic wrist pain. The webinar will be addressed by 12 renown international wrist experts from USA, Europe and Asia-Pacific, on top of the local faculty.

The second day on **13 Dec (Sunday)** will be a ground-breaking **Advanced Wrist Arthroscopy WEBSHOP**, a virtual live demonstration of various advanced arthroscopic techniques in the wrist and hand on cadaveric specimen, conducted by me and the hand team of the Prince of Wales Hospital. Audience around the world can watch and share the tips and tricks of many original techniques developed by our team in close distance under a freely interactive on-line environment.

The course will be concluded by a full day of **Wrist Arthroscopy LIVE SURGICAL DEMONSTRATION on patients** with wrist problems in our hospital on **14 Dec (Monday)** with **on-line LIVE STREAM broadcast**.

We will also invite overseas experts to share their favourite wrist arthroscopic procedures on day 2 and 3 with audience through the internet.

I hope you will find this programme innovative and exciting. Conventional wisdom always holds true: **Whenever this is a crisis, there is an opportunity**. We strongly believe that this special **Webinar & WEBSHOP** will be as good as our traditional seminar and workshop, if not better.

Please join us and you will agree with me.

Hope to see you in December on-line!

With best regards

PC

Director, Hong Kong International Wrist Arthroscopy Seminar & Workshop



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12 December 2020 (Saturday)

International Webinar & Clinical Conference on WRIST ARTHRITIS

Course Content:

Symposium 1: Degenerative Wrist Arthritis

1. Recent Advances in Imaging Modalities for Wrist Arthritis
2. Role of The Wafer Procedure vs. Ulnar Shortening Osteotomy in Ulnar Side Wrist Pain
3. Arthroscopic Tightrope & Hemi-trapeziectomy for CMCJ Arthritis
4. Arthroscopic Management in STT Arthritis
5. Diagnosis and Management of PT Arthritis
6. Management of Wrist Arthritis in Physiotherapist Perspectives

Symposium 2: Inflammatory Wrist Arthritis

1. Update on Diagnosis and Medical Treatment for Rheumatoid Arthritis
2. Role of Wrist Arthroscopy in Inflammatory Arthritis
3. Use of Distal Ulnar Prosthetic Replacement in Rheumatoid Arthritis
4. Management of Bilateral Advanced Rheumatoid Wrist Destruction
5. Management of CPPD
6. Infective vs Gouty Arthritis, How Can We Differentiate Between the Two?
7. Rare Cause of Wrist Arthritis (TB arthritis/PVNS): Diagnosis & Arthroscopic Treatment
8. Occupational Therapy in Rheumatoid Arthritis

Symposium 3: Post-Traumatic Arthritis

1. Arthroscopic Management of Scaphoid Non-union: An Evaluation of Failures and How to Avoid
2. Preventing SNAC Wrist: My Way to Correct Humpback Deformity in Scaphoid Non-union Cases
3. The Arthroscopic Bone Grafting for Scaphoid Non-union in SNAC Wrist
4. Arthroscopic Radial Styloidectomy for SLAC and SNAC Wrist
5. Arthroscopic Assisted Limited Wrist Fusion in SNAC/ SLAC Wrist Arthritis
6. Post-traumatic Arthritis after Distal Radius Fracture
7. Arthroscopic Assisted Stem-cell Treatment for Wrist Arthritis

Clinical-Radiological Conference

Quick Clinical Quiz



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13 December 2020 (Sunday)

Advanced Wrist Arthroscopy **WEBSHOP**:

ONLINE Hands-on Workshop on Anatomical Specimens

Course Content:

1. TFCC Ligament Peri-foveal Repair
2. Trans-osseous Fovea Repair for TFCC: "Foot Print" Technique
3. Ligament Specific TFCC Repair
4. Arthroscopic TFCC Reconstruction with Tendon Graft
5. Arthroscopic Assisted SL Reduction & Pinning
6. Arthroscopic Assisted SL Ligament Reconstruction with Tendon Graft
7. Tips & Tricks in Arthroscopic Assisted Reduction Fixation of Distal Radius Fractures
8. Arthroscopic Bone Grafting for Scaphoid Non-union
9. Arthroscopic Partial Wrist Fusion
10. STT Joint Arthroscopy with Pyrocarbon Interposition
11. 1st CMC Joint Arthroscopy with Mini-Tightrope
12. MCPJ & PIPJ Arthroscopy

